Byron Shire Echo February 3, 2004 5

Local News

Arakwal launch bush tucker book

A booklet that describes the range and purpose of plants that are used by the Byron Bay Arakwal people was launched last week at the Cape Byron Lighthouse.

Called Place of Plenty, the 30 page colour booklet was launched by local Aboriginal Elders Lorna Kelly and Linda Vidler with National Parks and Wildlife Service (NPWS) deputy director general Dr Tony Fleming.

The booklet describes the plants, their habitats and uses based on the knowledge and traditions of Byron Bay Arakwal Elders Lorna Kelly, Dulcie Nicholls and Linda Vidler. Chairperson of the Arakwal National Park Management Committee, Yvonne Stewart, said the booklet was interwoven with historical accounts to provide an insight into the past as well as documenting plants that are an important part of Aboriginal culture.

'This booklet documents how our Elders use the abundant plant resources of our Country', said Mrs Stewart. 'It is important to teach our young people about culturally important plant species and will be of interest to the wider community.

'For example, the local



The crowd assembles at the Cape for the Arakwal book launch. Photo Dale Roberts

them are used as fuel for the to reconciliation,' he said. campfire.'

let was produced as part of a will be an important part of collaborative project between the draft plan of management NPWS and the Arakwal Abo- for Arakwal National Park riginal Corporation.

'This project looked at

Banksia, known as Honey- plants that are culturally im- with funding from the NSW suckle to us, are used in many portant to the Arakwal people Biodiversity Strategy. EPM different ways by our Elders and how parks and reserves and their families. The flowers that are part of their Country the continuing use of the provide nectar that is used as can be managed to continue a sweet treat on bread. The to provide for their sustainbloom is then dried to pro- able use. This is joint managevide a hair comb. The dry ment in action and is a posicones or nobbies as we call tive step forward on the path

> 'This type of wild resource Dr Fleming said the book- use by the traditional owners currently being prepared.'

The booklet was produced

Consulting was engaged to produce the booklet in association with other consultants such as the renowned Australian naturalist and author Tim Low.

The Place of Plenty booklet is available for sale at the Cape Byron Lighthouse shop for \$17.50.

Part of the proceeds raised will contribute towards cultural education and renewal programs by the Arakwal

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